



COLOMBIA TBRI® PHRASES





Dear AGCI family,

We are truly honored to be on this life changing journey with you! Please know we are here through it all—the celebrations and the hard moments.

We know it can be difficult for adoptive families to manage language barriers, and we want to help. Knowing that adopted children will experience countless transitions, one thing parents can do to help is to learn to communicate basic phrases in your child's first language. Doing so has many benefits including providing opportunities to develop connection and establish felt safety.

Our AGCI in country team has partnered with us to create another tool for you, some short TBRI®-friendly phrases in your child's first language for you to practice now and use in the first weeks and months of building a secure connection.

We trust that in using these words in the heart language of your child, you will be demonstrating a life-long willingness to honor their beginnings as you welcome them into your family.

Be willing to sound and feel a little foolish as you grow in language proficiency. Practice up! As you are learning to communicate with your child, pictures may also be helpful for your child to point and you can learn how to communicate together. Don't forget to also print a copy or download it to your mobile device before you travel.

We know you have been reading, watching, talking, processing, and working hard all through the education process of your adoption. The diligent work preparing your home and your heart will be an incredible foundation as you build your family. We look forward to the day your child is in your arms, and you find special ways to communicate with your child!

Blessings,

AGCI Team



**Are you thirsty? I have water for you.
¿Tienes sed? Tengo agua.**





How can I help you?
¿Como puedo ayudarte?



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CHILDREN
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**Are you hungry? I have food for you.
¿Tienes hambre? Tengo comida.**





Do you want a hug?
¿Quieres un abrazo?





Can you show me what you need?
¿Puedes mostrarme lo que necesitas?





Let's go outside.
Salgamos.



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You are so precious to me!
¡Eres tan hermoso/a para mi!





I will help you.
Te ayudo.





Do you need the toilet?
¿Necesitas el baño?





I will stay with you.
Me quedare contigo.





Time for resting/sleeping.
Hora de descansar/dormir.








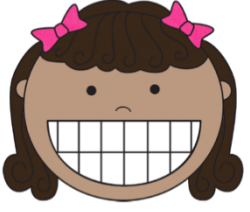
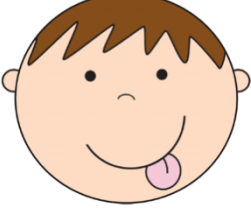







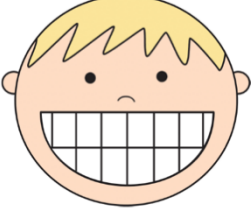



Sit with me.
Sientate conmigo.





Let's do this together.
Hagamoslo juntos.



| | | | |
|--|---|--|--|
|  happy |  upset |  furious |  excited |
|  silly |  scared |  nervous |  unhappy |
|  angry |  surprised |  depressed |  shocked |
|  overjoyed |  sad |  glad |  playful |

**It's okay to feel this way.
Está bien sentirse así.**



What do you need?
¿Que necesitas?





**It looks like you are having a hard time.
Veo que las estas pasando mal.**





I love you!
¡Te quiero! / ¡Te amo!



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No hurts.
Sin agredir.



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Stick together.
Estar juntos.





Have fun!
¡Divertirse!





Show respect.
Con respeto.



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Make choices.
Escoger opciones.





Gentle and kind.
Dulce y cariñoso.

