



TBRI® PHRASES





Dear AGCI family,

We are truly honored to be on this life changing journey with you! Please know we are here through it all—the celebrations and the hard moments.

We know it can be difficult for adoptive families to manage language barriers, and we want to help. Knowing that adopted children will experience countless transitions, one thing parents can do to help is to learn to communicate basic phrases in your child's first language. Doing so has many benefits including providing opportunities to develop connection and establish felt safety.

Our AGCI in country team has partnered with us to create another tool for you, some short TBRI®-friendly phrases in your child's first language for you to practice now and use in the first weeks and months of building a secure connection.

We trust that in using these words in the heart language of your child, you will be demonstrating a life-long willingness to honor their beginnings as you welcome them into your family.

Be willing to sound and feel a little foolish as you grow in language proficiency. Practice up! As you are learning to communicate with your child, pictures may also be helpful for your child to point and you can learn how to communicate together. Don't forget to also print a copy or download it to your mobile device before you travel.

We know you have been reading, watching, talking, processing, and working hard all through the education process of your adoption. The diligent work preparing your home and your heart will be an incredible foundation as you build your family. We look forward to the day your child is in your arms, and you find special ways to communicate with your child!

Blessings,

AGCI Team



Are you thirsty? I have water for you.





How can I help you?



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Are you hungry? I have food for you.





Do you want a hug?





Can you show me what you need?





Let's go outside.



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You are so precious to me!





I will help you.





Do you need the toilet?





I will stay with you.





Time for resting/sleeping.





Sit with me.






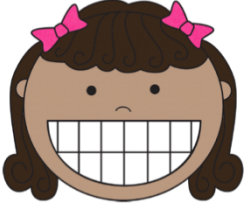
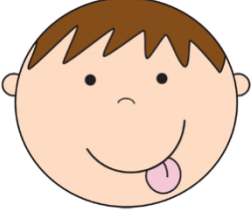







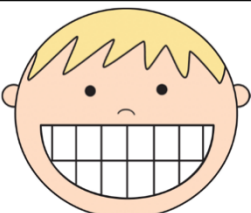



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Let's do this together.



 happy	 upset	 furious	 excited
 silly	 scared	 nervous	 unhappy
 angry	 surprised	 depressed	 shocked
 overjoyed	 sad	 glad	 playful

It's ok to feel this way.



What do you need?





It looks like you are having a hard time.





I love you!



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No hurts.





Stick together.



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Have fun!



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Show respect.



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Make choices.





Gentle and kind.

