

# ADOPTIVE EDUCATION

## OVERVIEW

This second pre-adoptive phase offers 10 courses created to take parents deeper into the subjects of bonding and attachment and the practical 'how-tos' of parenting a child from a hard place using TBRI – Trust Based Relational Intervention. These classes – while both practical and idea-rich – will add valuable insights into the personalities and temperaments of each individual in your home. Through this series of articles, videos, and assessments, you'll learn how to further connect and engage with your child. We'll explore obstacles and challenges, and the tools needed to develop a healthy, secure bond. In this series, you will also delve further into your own background and learn how you can heal and grow into even better and more prepared parents. The 10 classes in this phase total 24 hours.

## LEARNING TO CONNECT WITH YOUR CHILD:

These courses can be found at [www.familiesareforever.org/agci](http://www.familiesareforever.org/agci) with a total cost of \$200 for the 200-level course bundle.

- FAF 201: The Importance of Playful Engagement (2 hours)
- FAF 202: Healing and Healthy Touch (2 hours)
- FAF 203: Exploring the Sensory World (2 hours)
- FAF 204: Healing Through Attachment (3 hours)
- FAF 205: Your Story: Healing & Attachment (4 hours)
- FAF 206: Nurturing Secure Connections (2 hours)
- FAF 207: Parenting from a Secure Base (3 hours)
- FAF 208: Wrapping Up & Getting Real (2 hours)
- FAF 208B: Ethics in the Adoption Process (2 hours)
- FAF 315.2: Sexual Development, Disruption & Healing (2 hours)

24 HOURS TOTAL

## RECOMMENDED RESOURCES

AGCI recommends that prospective adoptive parents read the following books. For additional suggestions, please visit the Resources page at [familiesareforever.org](http://familiesareforever.org).

- [Twenty Things Adopted Kids Wish Their Adopted Parents Knew](#), by Sherrie Eldridge
- [The Complete Book of International Adoption](#), by Dawn Davenport
- [Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years](#), by Patty Cogen
- [The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma](#), by Bessel van der Kolk

- The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook – What Traumatized Children Can Teach Us About Loss, Love and Healing, by Bruce Perry & Maia Szalavitz
- The Out of Sync Child, by Carol Kranowitz
- Parenting Children With Health Issues: Essential Tools, Tips and Tactics for Raising Kids With Chronic Illnesses, by Foster Cline and Lisa Greene
- Attaching in Adoption: Practical Tools for Today's Parents, by Deborah Gray
- Building the Bonds of Attachment, by Daniel Hughes
- The Yes Brain, by Daniel Siegel