## PRE-ADOPTIVE EDUCATION

## OVERVIEW

AGCI requires that all adoptive parents complete courses through Families Are Forever. This training is designed to help prepare families for the rewards and challenges of international adoption. All trainings meet Hague requirements and must be completed prior to starting your home study visits. The courses can be found at <a href="https://www.familiesareforever.org/agci">www.familiesareforever.org/agci</a> at a cost of \$100 for the 100 level Course Bundle.

## FOUNDATION COURSES:

In this foundational phase you'll begin to understand the lives of children who come from a place most likely very different from your own. You'll gain knowledge that many who have gone before you have discovered about welcoming a child from a 'hard place' into your home and family. We'll also strengthen your family's foundation so that as a parent, you have the tools and knowledge needed to best meet your child's needs. This coursework will satisfy the Hague pre-adoptive training requirements.

- FAF 100B: Ethics and the Hague (.75 hours)
- FAF 101: Preparing for the Journey of Adoption (2 hours)
- FAF 102: Introduction to Trust Based Relational Intervention (2 hours)
- FAF 103: Children's Needs and Intercountry Adoption (3 hours)
- FAF 104: Understanding Children's Development (2.25 hours)
- FAF 105 Common Medical Conditions (2.25 hours)
- FAF 106: Understanding Attachment (2 hours)
- FAF 107: Developing Attachment (2.25 hours)
- FAF 108: Transracial Adoption: Building Cultural Awareness (2 hours)
- FAF 111: Medical Conditions/FASD Overview (1.5 hours)
- FAF 315.1 Sexual Development, Disruption and Healing 1 (2 hours)

Families will also take a country specific Heritage Class (1.5 hours)

- FAF 151 Colombia Heritage Class
- FAF 152 Philippines Heritage Class
- FAF 153 South Africa Heritage Class
- FAF 154 Haiti Heritage Class
- FAF 155 Bulgaria Heritage Class
- FAF 156 Burundi Heritage Class
- FAF 164: Ecuador Heritage Class
- FAF 165 Costa Rica Heritage Class

23.5 HOURS TOTAL

## RECOMMENDED RESOURCES

AGCI recommends that prospective adoptive parents read the following books.

- The Connected Child: Bringing Hope and Healing to your Adoptive Family, by Drs Purvis and Cross
- Adopting the Hurt Child: Hope for Families with Special-Needs Kids, by Gregory & Regina Kupecky
- Parenting the Hurt Child: Helping Adoptive Families Heal and Grow, by Gregory & Regina
  Kupecky
- Wounded Children, Healing Homes, by Jayne Schooler and Betsy Smalley
- The Primal Wound: Understanding the Adopted Child, by Nancy Verrier
- <u>The Adoptive Parent Toolbox</u>, by Mike & Kristin Berry
- <u>Parenting from the Inside Out</u>, by Daniel Siegel and Mary Hartzell
- The Whole Brain Child, by Daniel Siegel No-Drama Discipline:
- The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind, by Daniel Siegel
- Handbook on Thriving as an Adoptive Family: Real-Life Solutions to Common Challenges, by David Sanford and Renee Sanford
- Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster
  Families, by Jayne Schooler, Betsy Keefer Smalley and Timothy Callahan
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind, by Daniel J. Siegel and Tina Payne Bryson
- Raising a Secure Child: How Circle of Security Parenting Can Help Nurture Your Child's <u>Attachment</u>, by Kent Hoffman, Glen Cooper and Bert Powell
- I'm Chocolate, You're Vanilla: Raising Healthy Black and Biracial Children in a Race-Conscience World, by Marguerite Wright
- Inside Transracial Adoption: Strength-based, Culture-sensitizing Parenting Strategies for Intercountry or Domestic Families that don't "Match", by Beth Hall and Gail Steinberg
- Raising Kids with Big, Baffling Behaviors by Robyn Gobbel

For additional suggestions, please visit the Resources page at families are forever.org.